

Preschool Readiness Checklist

- Your child is completely out of diapers (day and night) and can handle toileting independently.
- Your child can remain seated in a chair without restraint to eat and can properly feed him/ herself including opening containers.
- Your child can play for at least 15 minutes without constant adult intervention with or near other children, or alone.
- Your child will follow directions from another adult.
- Your child can tolerate small frustrations without a temper tantrum.
- Your child will separate from you.
- Your child is healthy. If enrolled in a group program, your child will probably get more colds and other respiratory illnesses regardless of age. If you have concerns, discuss the issue with your health care provider.
- Your child can spend several hours a day interacting with small and large groups of peers. Early socializing is exhausting for some children.
- Your child can pay attention to adult-directed tasks for short periods.
- Your child has begun to take turns with others.
- Your child can follow rules.
- Your child can converse in complete sentences of at least 5-6 words.